 **PASSEPORT REPAS INDIVIDUEL** 

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

 Prévoir un menu équilibré

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

 Choisir des menus variés

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

* Faire seul(e) sa liste de course

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

 Gérer sa monnaie

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

* Aller faire ses achats en autonomie

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

* Utiliser les plaques de cuisson

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

Afficher l'image d'origine Utiliser le four

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

 Suivre les étapes d’une recette

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

Savoir faire cuire un aliment

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

Afficher l'image d'origine Respecter les temps de cuisson

|  |  |  |
| --- | --- | --- |
|  |  |  |

|  |
| --- |
| **VALIDE** |

  Faire sa vaisselle et Ranger

Passeport validé le : PASSEPORT REPAS INVIVIDUEL

……../……/……….

Appartenant à :

Signature du jeune : ………………………………………………..

|  |  |
| --- | --- |
| DATE | MENU |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

…………………………….

Signature du référent :

………………………………